



2023

Mercury in Fish

A Guide to Healthy Consumption in Oklahoma

Oklahoma Department of Environmental Quality



OKLAHOMA
Environmental
Quality

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What You Need to Know about

Eating Fish Caught in Oklahoma's Lakes

Fishing is a great pastime and tradition in Oklahoma. Fish provide many benefits that are essential for a healthy diet; however, some fish pose a higher risk due to mercury contamination. The Oklahoma Department of Environmental Quality (DEQ) encourages Oklahomans to go fishing and enjoy eating the fish they catch. Just keep in mind that not all fish should be eaten in unlimited amounts. By following these guidelines, you can make safe, informed choices for you and your family and still enjoy the sport of fishing.

Source of the Problem

Mercury is an element that is released to the atmosphere through man-made activities such as mining, manufacturing, coal-fired utilities, sewage releases, landfills, and industries or from natural processes such as forest fires, volcanic eruptions, erosion or the weathering of rocks. Mercury falls out of the air by sticking to dust particles or gets washed out by rain or snow and then runs off into streams and lakes. This process is referred to as deposition. When moving through the environment, mercury goes through a series of complex changes (see illustration on page 5). When these changes occur in lake and river sediments, some of the mercury can be converted to organic form—methyl mercury. Methyl mercury enters the food chain and bio-accumulates mostly in predator species of fish. It can then be passed on to people who eat these fish.

Health Impacts from Mercury Exposure

Mercury mostly impacts nerve cells in the brain and spinal cord, especially in unborn babies and young children. The more mercury that enters into a person's body, the longer the exposure time, and the younger the person, the more severe the effects are likely to be. Mercury is most harmful to the developing

brains of unborn children and young children. Mercury can interfere with the way nerve cells move into position as the brain develops, resulting in abnormal brain development. Prenatal exposure to mercury can affect the way children think, learn, and problem-solve later in life. Negative impacts can also occur in adults at much higher doses. The earliest obvious signs of mercury poisoning in adults are tingling or numbness of the lips, tongue, fingers, or toes; fatigue; and blurred vision.

Catching Fish

Some fish contain unsafe levels of mercury. The amount of mercury in fish varies depending on the type of fish; their size, weight and age; what they eat; and where they live.

It is impossible to visually determine whether fish in a lake, pond, or stream are safe to eat without testing the fish that are being caught and consumed. It is important to read DEQ's fish consumption guidelines before going out to fish. To reduce health risks, please follow these guidelines:

- *Eat younger, smaller non-predatory fish*
- *Eat species of fish that are known to have lower concentrations of mercury such as Black Crappie, Channel Catfish, Rainbow Trout, Sunfish (Bluegill, Green, Redear, Longear and Warmouth) and White Crappie*

DEQ is in the process of testing lakes in the state; however, it will not be possible to test every species of fish in every body of water.

If a lake or species has not been tested, then follow this advice:

Advice for the General Population:

Since women beyond child-bearing age and men older than 15 years of age are at less risk for the effects of mercury, these groups may continue to eat a variety of fish, including predators, as part of a healthy diet unless specifically advised otherwise.

Advice for the Sensitive Population:

If a lake has not been sampled, women of child-bearing age, nursing mothers, pregnant women, and children up to the age of

15 should consume no more than one meal per week of predator fish. Predator fish include Flathead Catfish, Hybrid Striped Bass, Largemouth Bass, Saugeye, Smallmouth Bass, Spotted Bass, Striped Bass, Walleye and White Bass.

The Good News

Fish provide many health benefits and is an important part of a balanced diet. Fish are a good source of protein, and are high in omega-3 fatty acids, vitamins, nutrients and minerals.

The EPA and FDA recommend that women who are or may become pregnant, nursing mothers, and children starting at the age of two; eat 8 to 12 ounces of non-predatory fish species per week, unless there is a consumption advisory that has been issued for a specific lake.

Non-predatory fish that are good low-mercury choices include Black Crappie, Channel Catfish, Rainbow Trout, Sunfish (Bluegill, Green, Redear, Longear and Warmouth) and White Crappie. Occasionally eating fish, such as on an annual vacation that has recommended consumption limits does not pose a significant health risk.

The fish in these Oklahoma lakes have been tested and have lower levels of mercury. Fish from these lakes can be eaten often without excessive exposure to mercury.

Arcadia Lake	Fuqua Lake	Robert S. Kerr Reservoir
Bell Cow Lake	Grand Lake	Spavinaw Lake
Canton Lake	Guthrie Lake	WD Mayo Lake
Lake El Reno	Lake Hudson	Wes Watkins Lake
Lake Ellsworth	Konawa Lake	Zoo Lake
Lake Eucha	New Spiro Lake	
Foss Reservoir	Oologah Lake	
Ft. Cobb Reservoir	Lake Overholser	
Ft. Gibson Lake	Ponca Lake	

If your lake is not included in the list above or in the following pages, DEQ may be testing it soon and updates will be issued.

Mercury Cycle



**Sources can be local, regional, and global*

Your Drinking Water is Safe:

The amount of mercury found in fish does not affect water quality. Lake recreation and the consumption of your city's drinking water are both safe activities.

Advisory Information

Fish from the following lakes have been tested and some species and size ranges have mercury levels high enough that consumption should be limited. Only fish in the size ranges indicated have high mercury levels. Fish smaller than the indicated sizes or other species are safe to eat without excessive exposure to mercury.

*****Attention: Our recommendations and advisories are based on the data that DEQ collects and do not factor in the Oklahoma Wildlife Department's (ODWC) daily size limit regulations that may be in effect. Please check Oklahoma's Department of Wildlife Conservation for state and local regulations that might apply.***

[CLICK HERE](#) for the Department of Wildlife link.

NOTE: Meal size equals 8 ounces (proportionally smaller for children). The following pages describe safe guidelines for consuming fish caught in Oklahoma lakes. Guidelines for each fish listed are divided into two categories:

Sensitive Population: Women of child bearing age, pregnant or nursing mothers, and children up to age 15

General Population: Males age 15 and older and women past childbearing age

Advisories are based on consumption amounts of:

No advisory: These fish have lower levels of mercury and can be eaten often safely.

Two meals per month: Consume no more than two meals per month of fish in the size ranges listed. Fish smaller than the size ranges listed have no consumption restrictions.

Consumption not recommended: Do not consume fish within size range listed

Contact Information:

For more information, call (866) 412-3057 or email: fishadvisory@deq.ok.gov and visit the DEQ website at:

www.deq.ok.gov

Lake of the Arbuckles

Largemouth Bass:

Sensitive Population:	Two meals per month all sizes
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General Population:	No advisory
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White Bass:

Sensitive Population:	No advisory under 12 inches Two meals per month 12 inches and over
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General Population:	No advisory
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The following fish species were sampled and are safe to eat:

Black Crappie, Bluegill Sunfish, Channel Catfish, Flathead Catfish, Redear Sunfish, Smallmouth Bass, Spotted Bass and White Crappie

Arcadia Lake

No Advisories

The following fish species were sampled and are safe to eat:

Blue Catfish, Bluegill Sunfish, Channel Catfish, Flathead Catfish, Largemouth Bass, Saugeye, White Bass and White Crappie

Atoka Lake

Flathead Catfish:

Sensitive Population:	No advisory under 23 inches Two meals per month 23 inches and over
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General Population:	No advisory
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Largemouth Bass:

Sensitive Population:	No advisory under 16 inches Two meals per month 16 inches and over
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General Population:	No advisory
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The following fish species were sampled and are safe to eat:

Blue Catfish, Bluegill Sunfish, Channel Catfish, Spotted Bass and White Crappie

Bell Cow Lake

No Advisories

The following fish species were sampled and are safe to eat:

Bluegill Sunfish, Channel Catfish, Flathead Catfish, Largemouth Bass, Spotted Bass, White Bass and White Crappie

Birch Lake

Black Crappie:

Sensitive Population:	Two meals per month under 11 inches Consumption not recommended 11 inches and over
General Population:	Two meals per month 11 inches and over

Blue Catfish:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

Flathead Catfish:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

Hybrid Striped Bass:

Sensitive Population:	No advisory under 15 inches Two meals per month 15 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	Two meals per month under 18 inches Consumption not recommended 18 inches and over
General Population:	No advisory under 18 inches Two meals per month 18 inches and over

Spotted Bass:

Sensitive Population:	Two meals per month under 15 inches Consumption not recommended 15 inches and over
General Population:	No advisory under 15 inches Two meals per month 15 inches and over

The following fish species were sampled and are safe to eat:

Bluegill Sunfish, Channel Catfish and White Crappie

Bixhoma Lake

Black Crappie:

Sensitive Population:	Two meals per month all sizes
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Bixhoma Lake (Continued)

General Population:	No advisory
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Bluegill Sunfish:

Sensitive Population:	No advisory under 7 inches Two meals per month 7 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	Two meals per month under 14 inches Consumption not recommended 14 inches and over
General Population:	No advisory under 14 inches Two meals per month 14 inches and over

Spotted Bass:

Sensitive Population:	Consumption not recommended
General Population:	Two meals per month all sizes

The following fish species were sampled and are safe to eat:
Redear Sunfish

Boomer Lake

Largemouth Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Channel Catfish and Flathead Catfish

Broken Bow Lake

Flathead Catfish:

Sensitive Population:	Two meals per month under 30 inches Consumption not recommended 30 inches and over
General Population:	No advisory under 30 inches Two meals per month 30 inches and over

Broken Bown Lake (Continued)

Largemouth Bass:

Sensitive Population:	Two meals per month under 15 inches Consumption not recommended 15 inches and over
General Population:	No advisory under 15 inches Two meals per month 15 inches and over

Smallmouth Bass:

Sensitive Population:	Two meals per month under 15 inches Consumption not recommended 15 inches and over
General Population:	Two meals per month under 17 inches Consumption not recommended 17 inches and over

Spotted Bass:

Sensitive Population:	Two meals per month under 13 inches Consumption not recommended 13 inches and over
General Population:	No advisory under 13 inches Two meals per month 13 inches and over

Walleye:

Sensitive Population:	Two meals per month under 17 inches Consumption not recommended 17 inches and over
General Population:	No advisory under 17 inches Two meals per month 17 inches and over

White Bass

Sensitive Population:	Two meals per month under 13 inches Consumption not recommended 13 inches and over
General Population:	No advisory under 13 inches Two meals per month 13 inches and over

White Crappie:

Sensitive Population:	No advisory under 10 inches Two meals per month 10 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:

Black Crappie, Bluegill Sunfish, Channel Catfish and Redear Sunfish

Canton Lake

No Advisories

The following fish species were sampled and are safe to eat:
Channel Catfish, Flathead Catfish, Largemouth Bass, Walleye, White Bass and White Crappie

Carl Albert Lake

Black Crappie:

Sensitive Population:	No advisory under 12 inches Two meals per month 12 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	Two meals per month under 15 inches Consumption not recommended 15 inches and over
General Population:	No advisory under 15 inches Two meals per month 15 to 22 inches Consumption not recommended 22 inches and over

The following fish species were sampled and are safe to eat:
Channel Catfish and Redear Sunfish

Carl Blackwell Lake

Saugeye:

Sensitive Population:	No advisory under 24 inches Two meals per month 24 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Channel Catfish, Flathead Catfish, Hybrid Striped Bass, Largemouth Bass, White Bass and White Crappie

Lake Carlton

Largemouth Bass:

Sensitive Population:	Two meals per month under 16 inches Consumption not recommended 16 inches and over
General Population:	No advisory under 16 inches Two meals per month 16 inches and over

Lake Carlton (Continued)

White Crappie:

Sensitive Population:	No advisory under 14 inches Two meals per month 14 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Channel Catfish

Cedar Lake (Le Flore County)

Largemouth Bass:

Sensitive Population:	No advisory under 14 inches Two meals per month 14 to 19 inches Consumption not recommended 19 inches and over
General Population:	No advisory under 19 inches Two meals per month 19 inches and over

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Channel Catfish and Redear Sunfish

Chandler Lake

Largemouth Bass:

Sensitive Population:	No advisory under 19 inches Two meals per month 19 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Channel Catfish and Flathead Catfish

Clayton Lake

Black Crappie:

Sensitive Population:	No advisory under 11 inches Two meals per month 11 inches and over
General Population:	No advisory

Bluegill Sunfish:

Sensitive Population:	No advisory under 8 inches Two meals per month 8 inches and over
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Clayton Lake (Continued)

General Population:	No advisory
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Largemouth Bass:

Sensitive Population:	Two meals per month under 17 inches Consumption not recommended 17 inches and over
General Population:	No advisory under 17 inches Two meals per month under 17 to 20 inches Consumption not recommended 20 inches and over

The following fish species were sampled and are safe to eat:
Channel Catfish and Redear Sunfish

Cleveland Lake

Largemouth Bass:

Sensitive Population:	No advisory under 18 inches Two meals per month 18 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Channel Catfish and White Crappie

Coalgate Lake

Blue Catfish:

Sensitive Population:	No advisory under 24 inches Two meals per month 24 inches and over
General Population:	No advisory

Flathead Catfish:

Sensitive Population:	No advisory under 20 inches Two meals per month 20 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

The following fish species were sampled and are safe to eat:
White Crappie

Copan Lake

Flathead Catfish:

Sensitive Population:	No advisory under 42 inches Two meals per month 42 inches and over
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General Population:	No advisory
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Largemouth Bass:

Sensitive Population:	No advisory under 19 inches Two meals per month 19 inches and over
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General Population:	No advisory
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Spotted Bass:

Sensitive Population:	No advisory under 15 inches Two meals per month 15 inches and over
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General Population:	No advisory
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The following fish species were sampled and are safe to eat:

Black Crappie, Blue Catfish, Bluegill Sunfish, Channel Catfish, White Bass and White Crappie

Cushing Lake

Flathead Catfish:

Sensitive Population:	No advisory under 29 inches Two meals per month 29 inches and over
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General Population:	No advisory
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The following fish species were sampled and are safe to eat:

Channel Catfish, Largemouth Bass, White Bass and White Crappie

Dripping Springs Lake

Channel Catfish:

Sensitive Population:	No advisory under 22 inches Two meals per month 22 inches and over
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General Population:	No advisory
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Flathead Catfish:

Sensitive Population:	Two meals per month all sizes
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General Population:	No advisory
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Dripping Springs Lake (Continued)

Largemouth Bass:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

Spotted Bass:

Sensitive Population:	No advisory under 11 inches Two meals per month 11 inches and over
General Population:	No advisory

White Bass:

Sensitive Population:	No advisory under 10 inches Two meals per month 10 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Bluegill Sunfish and Redear Sunfish

Lake El Reno

No Advisories

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Channel Catfish, Flathead Catfish, Largemouth Bass, Saugeye and White Crappie

Lake Ellsworth

No Advisories

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Blue Catfish, Channel Catfish, Flathead Catfish, Largemouth Bass, Spotted Bass, White Bass and White Crappie

Lake Elmer Thomas

Largemouth Bass:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Channel Catfish and Redear Sunfish

Lake Eucha

No Advisories

The following fish species were sampled and are safe to eat:
Black Crappie, Bluegill Sunfish, Channel Catfish, Flathead Catfish, Largemouth Bass, Spotted Bass and White Bass

Eufaula Lake

Channel Catfish:

Sensitive Population:	No advisory under 18 inches Two meals per month 18 inches and over
General Population:	No advisory

Flathead Catfish:

Sensitive Population:	No advisory under 28 inches Two meals per month 28 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
General Population:	No advisory

Spotted Bass:

Sensitive Population:	No advisory under 15 inches Two meals per month 15 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Black Crappie, Blue Catfish, Bluegill Sunfish, Redear Sunfish, Smallmouth Bass, White Bass and White Crappie

Foss Reservoir

No Advisories

The following fish species were sampled and are safe to eat:
Channel Catfish, Flathead Catfish, Largemouth Bass, Saugeye, Smallmouth Bass and White Bass

Lake Frederick

Blue Catfish:

Sensitive Population:	No advisory under 20 inches Two meals per month 20 inches and over
General Population:	No advisory

Flathead Catfish:

Sensitive Population:	No advisory under 24 inches Two meals per month 24 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	No advisory under 15 inches Two meals per month 15 inches and over
General Population:	No advisory

White Bass:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

The following fish species were sampled and are safe to eat:

White Crappie

Ft. Cobb Reservoir

No Advisories

The following fish species were sampled and are safe to eat:

Blue Catfish, Bluegill Sunfish, Channel Catfish, Flathead Catfish, Largemouth Bass, Smallmouth Bass, White Bass and White Crappie

Ft. Gibson Lake

No Advisories

The following fish species were sampled and are safe to eat:

Black Crappie, Blue Catfish, Channel Catfish, Flathead Catfish, Hybrid Striped Bass, Largemouth Bass, Spotted Bass, White Bass and White Crappie

Ft. Supply Lake

Largemouth Bass:

Sensitive Population:	No advisory under 16 inches Two meals per month 16 inches and over
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Ft. Supply Lake (Continued)

General Population:	No advisory
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The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Channel Catfish, Flathead Catfish, Walleye, White Bass and White Crappie

Fuqua Lake

No Advisories

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Flathead Catfish, Largemouth Bass and White Crappie

Grand Lake

No Advisories

The following fish species were sampled and are safe to eat:
Black Crappie, Bluegill Sunfish, Channel Catfish, Largemouth Bass, Redear Sunfish, Spotted Bass, White Bass and White Crappie

Greenleaf Lake

Largemouth Bass:

Sensitive Population:	No advisory under 14 inches Two meals per month 14 inches and over
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General Population:	No advisory
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The following fish species were sampled and are safe to eat:
Black Bullhead Catfish, Black Crappie, Bluegill Sunfish, Redear Sunfish, Spotted Bass, White Crappie and Yellow Bullhead Catfish

Guthrie Lake

No Advisories

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Largemouth Bass and White Crappie

Hefner Lake

Flathead Catfish:

Sensitive Population:	No advisory under 22 inches Two meals per month 22 inches and over
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General Population:	No advisory
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The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Channel Catfish, Largemouth Bass and White Bass

Heyburn Lake

Blue Catfish:

Sensitive Population:	Two meals per month under 26 inches Consumption not recommended 26 inches and over
General Population:	No advisory under 26 inches Two meals per month 26 inches and over

Channel Catfish:

Sensitive Population:	No advisory under 18 inches Two meals per month 18 to 22 inches Consumption not recommended 22 inches and over
General Population:	No advisory under 22 inches Two meals per month 22 to 26 inches Consumption not recommended 26 inches and over

Flathead Catfish:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 to 27 inches Consumption not recommended 27 inches and over
General Population:	No advisory under 27 inches Two meals per month 27 inches and over

Largemouth Bass:

Sensitive Population:	Two meals per month under 16 inches Consumption not recommended 16 inches and over
General Population:	No advisory under 16 inches Two meals per month 16 to 19 inches Consumption not recommended 19 inches and over

White Crappie:

Sensitive Population:	No advisory under 12 inches Two meals per month 12 inches and over
Sensitive Population:	No advisory

The following fish species were sampled and are safe to eat:

Bluegill Sunfish

Holdenville Lake

Blue Catfish:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

Channel Catfish:

Sensitive Population:	No advisory under 21 inches Two meals per month 21 inches and over
General Population:	No advisory

Flathead Catfish:

Sensitive Population:	No advisory under 26 inches Two meals per month 26 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
General Population:	No advisory

Spotted Bass:

Sensitive Population:	No advisory under 15 inches Two meals per month 15 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:

White Crappie

Hominy Lake

Channel Catfish:

Sensitive Population:	No advisory under 21 inches Two meals per month 21 inches and over
General Population:	No advisory

Flathead Catfish:

Sensitive Population:	No advisory under 26 inches Two meals per month 26 inches and over
General Population:	No advisory

Hominy Lake (Continued)

Largemouth Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
General Population:	No advisory

Spotted Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:

Black Crappie, Redear Sunfish and White Crappie

Lake Hudson

No Advisories

The following fish species were sampled and are safe to eat:

Black Crappie, Channel Catfish, Flathead Catfish, Hybrid Striped Bass, Largemouth Bass, Spotted Bass, White Bass and White Crappie

Hugo Lake

Black Crappie:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

Blue Catfish:

Sensitive Population:	No advisory under 27 inches Two meals per month 27 inches and over
General Population:	No advisory

Bowfin:

Sensitive Population:	No advisory under 19 inches Two meals per month 19 inches and over
General Population:	No advisory

Channel Catfish:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

Hugo Lake (Continued)

Flathead Catfish:

Sensitive Population:	No advisory under 23 inches Two meals per month 23 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	Two meals per month under 19 inches Consumption not recommended 19 inches and over
General Population:	No advisory

Spotted Bass:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

White Bass:

Sensitive Population:	Two meals per month under 12 inches Consumption not recommended 12 inches and over
General Population:	No advisory under 12 inches Two meals per month 12 to 16 inches Consumption not recommended 16 inches and over

The following fish species were sampled and are safe to eat:

White Crappie

Hulah Lake

Flathead Catfish:

Sensitive Population:	No advisory under 35 inches Two meals per month 35 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
General Population:	No advisory

White Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
General Population:	No advisory

Hulah Lake (Continued)

White Crappie:

Sensitive Population:	No advisory under 14 inches Two meals per month 14 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:

Black Crappie, Blue Catfish and Channel Catfish

Lake Jean Neustadt

Saugeye:

Sensitive Population:	No advisory under 21 inches Two meals per month 21 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:

Black Crappie, Channel Catfish, Flathead Catfish, Largemouth Bass and Spotted Bass

Lake John Wells

Flathead Catfish:

Sensitive Population:	No advisory under 27 inches Two meals per month 27 to 39 inches Consumption not recommended 39 inches and over
General Population:	No advisory under 39 inches Two meals per month 39 inches and over

Largemouth Bass:

Sensitive Population:	No advisory under 16 inches Two meals per month 16 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:

Redear Sunfish

Kaw Lake

Blue Catfish:

Sensitive Population:	No advisory under 31 inches Two meals per month 31 inches and over
General Population:	No advisory

Kaw Lake (Continued)

Flathead Catfish:

Sensitive Population:	No advisory under 30 inches Two meals per month 30 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	No advisory under 20 inches
General Population:	Two meals per month 20 inches and over No advisory

White Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
General Population:	No advisory

White Crappie:

Sensitive Population:	No advisory under 14 inches Two meals per month 14 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:

Channel Catfish and Spotted Bass

Keystone Lake

Blue Catfish:

Sensitive Population:	No advisory under 32 inches Two meals per month 32 inches and over
General Population:	No advisory

Flathead Catfish:

Sensitive Population:	No advisory under 29 inches Two meals per month 29 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	No advisory under 18 inches Two meals per month 18 inches and over
General Population:	No advisory

Keystone Lake (Continued)

White Bass:

Sensitive Population:	No advisory under 15 inches Two meals per month 15 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Black Crappie, Channel Catfish, Striped Bass and White Crappie

Konawa Reservoir

No Advisories

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Channel Catfish, Flathead Catfish, Largemouth Bass, Redear Sunfish and White Crappie

Lake Lawtonka

Largemouth Bass:

Sensitive Population:	No advisory under 19 inches Two meals per month 19 inches and over
General Population:	No advisory

Saugeye:

Sensitive Population:	No advisory under 20 inches Two meals per month 20 inches and over
General Population:	No advisory

Smallmouth Bass:

Sensitive Population:	No advisory under 20 inches Two meals per month 20 inches and over
General Population:	No advisory

White Bass:

Sensitive Population:	No advisory under 15 inches Two meals per month 15 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Black Crappie, Bluegill Sunfish, Channel Catfish and Flathead Catfish

Lloyd Church Lake

Largemouth Bass:

Sensitive Population:	Two meals per month under 15 inches Consumption not recommended 15 inches and over
General Population:	No advisory under 15 inches Two meals per month 15 to 21 inches Consumption not recommended 21 inches and over

White Crappie:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

The following fish species were sampled and are safe to eat:

Channel Catfish and Redear Sunfish

Lone Chimney Lake

Flathead Catfish:

Sensitive Population:	Two meals per month under 34 inches Consumption not recommended 34 inches and over
General Population:	No advisory under 34 inches Two meals per month 34 inches and over

Largemouth Bass:

Sensitive Population:	Two meals per month under 18 inches Consumption not recommended 18 inches and over
General Population:	No advisory under 18 inches Two meals per month 18 inches and over

White Bass:

Sensitive Population:	Two meals per month for all sizes
General Population:	No advisory

The following fish species were sampled and are safe to eat:

Black Crappie, Blue Catfish, Channel Catfish and White Crappie

McAlester Lake

Largemouth Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
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McAlester Lake (Continued)

General Population:	No advisory
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The following fish species were sampled and are safe to eat:
Blue Catfish, Bluegill Sunfish, Channel Catfish and White Crappie

McGee Creek Reservoir

Bluegill Sunfish:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

Flathead Catfish:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	Two meals per month under 17 inches Consumption not recommended 17 inches and over
General Population:	No advisory under 17 inches Two meals per month 17 inches and over

Redear Sunfish:

Sensitive Population:	No advisory under 8 inches Two meals per month 8 inches and over
General Population:	No advisory

Smallmouth Bass:

Sensitive Population:	Consumption not recommended
General Population:	Two meals per month under 15 inches Consumption not recommended 15 inches and over

Spotted Bass:

Sensitive Population:	No advisory under 11 inches Two meals per month 11 to 15 inches Consumption not recommended 15 inches and over
General Population:	No advisory under 15 inches Two meals per month 15 inches and over

McGee Creek Reservoir (Continued)

White Bass:

Sensitive Population:	Two meals per month under 12 inches Consumption not recommended 12 inches and over
General Population:	No advisory under 12 inches Two meals per month under 12 to 14 inches Consumption not recommended 14 inches and over

White Crappie:

Sensitive Population:	Two meals per month under 11 inches Consumption not recommended 11 inches and over
General Population:	No advisory under 11 inches Two meals per month 11 inches and over

The following fish species were sampled and are safe to eat:

Channel Catfish

McMurtry Lake

Flathead Catfish:

Sensitive Population:	No advisory under 29 inches Two meals per month 29 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
General Population:	No advisory

White Bass:

Sensitive Population:	Two meals per month under 17 inches Consumption not recommended 17 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:

Black Crappie, Channel Catfish and White Crappie

Meeker Lake

Blue Catfish:

Sensitive Population:	No advisory under 20 inches Two meals per month 20 to 30 inches Consumption not recommended 30 inches and over
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Meeker Lake (Continued)

General Population:	No advisory under 30 inches Two meals per month 30 inches and over
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Largemouth Bass:

Sensitive Population:	Two meals per month under 19 inches Consumption not recommended 19 inches and over
General Population:	No advisory under 19 inches Two meals per month 19 inches and over

The following fish species were sampled and are safe to eat:
White Crappie

Lake Murray

Largemouth Bass:

Sensitive Population:	Two meals per month under 18 inches Consumption not recommended 18 inches and over
General Population:	No advisory under 18 inches Two meals per month 18 inches and over

Smallmouth Bass:

Sensitive Population:	Two meals per month for all sizes
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Channel Catfish and Redear Sunfish

Nanah Waiya Lake

Largemouth Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Black Crappie, Bluegill Sunfish, Channel Catfish and Redear Sunfish

New Spiro Lake

No Advisories

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Channel Catfish, Largemouth Bass and Redear Sunfish

Okemah Lake

Channel Catfish:

Sensitive Population:	No advisory under 21 inches Two meals per month 21 inches and over
General Population:	No advisory

Flathead Catfish:

Sensitive Population:	No advisory under 21 inches Two meals per month 21 to 30 inches Consumption not recommended 30 inches and over
General Population:	No advisory under 30 inches Two meals per month 30 inches and over

Largemouth Bass:

Sensitive Population:	Two meals per month under 17 inches Consumption not recommended 17 inches and over
General Population:	No advisory under 17 inches Two meals per month 17 to 20 inches Consumption not recommended 20 inches and over

The following fish species were sampled and are safe to eat:

Redear Sunfish

Okmulgee Lake

Flathead Catfish:

Sensitive Population:	Two meals per month under 38 inches Consumption not recommended 38 inches and over
General Population:	No advisory under 38 inches Two meals per month 38 inches and over

Largemouth Bass:

Sensitive Population:	Two meals per month under 17 inches Consumption not recommended 17 inches and over
General Population:	No advisory under 17 inches Two meals per month 17 to 20 inches Consumption not recommended 20 inches and over

Spotted Bass:

Sensitive Population:	Two meals per month under 13 inches Consumption not recommended 13 inches and over
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Okmulgee Lake (Continued)

General Population:	No advisory under 13 inches Two meals per month 13 inches and over
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The following fish species were sampled and are safe to eat:
Black Crappie, Bluegill Sunfish, Channel Catfish and Redear Sunfish

Oolagah Lake

No Advisories

The following fish species were sampled and are safe to eat:
Black Crappie, Blue Catfish, Bluegill Sunfish, Channel Catfish, Flathead Catfish, Largemouth Bass, Spotted Bass, White Bass and White Crappie

Lake Overholser

No Advisories

The following fish species were sampled and are safe to eat:
Blue Catfish, Channel Catfish, Flathead Catfish, Hybrid Striped Bass, Largemouth Bass and White Crappie

Ozzie Cobb Lake

Channel Catfish:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	Two meals per month under 17 inches Consumption not recommended 17 inches and over
General Population:	No advisory under 17 inches Two meals per month 17 to 20 inches Consumption not recommended 20 inches and over

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Redear Sunfish and White Crappie

Pawnee Lake

Saugeye:

Sensitive Population:	No advisory under 22 inches Two meals per month 22 inches and over
General Population:	No advisory

Pawnee Lake (Continued)

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Channel Catfish, Flathead Catfish, Green Sunfish, Largemouth Bass and White Crappie

Pine Creek Lake

Black Crappie:

Sensitive Population:	No advisory under 10 inches Two meals per month 10 inches and over
General Population:	No advisory

Channel Catfish:

Sensitive Population:	No advisory under 18 inches Two meals per month 18 inches and over
General Population:	No advisory

Flathead Catfish:

Sensitive Population:	Two meals per month under 28 inches Consumption not recommended 28 inches and over
General Population:	No advisory under 28 inches Two meals per month 28 inches and over

Largemouth Bass:

Sensitive Population:	Two meals per month under 16 inches Consumption not recommended 16 inches and over
General Population:	No advisory under 16 inches Two meals per month 16 inches and over

Spotted Bass:

Sensitive Population:	Two meals per month under 15 inches Consumption not recommended 15 inches and over
General Population:	No advisory under 15 inches Two meals per month 15 inches and over

White Crappie:

Sensitive Population:	No advisory under 10 inches Two meals per month 10 inches and over
General Population:	No advisory

Pine Creek Lake (Continued)

The following fish species were sampled and are safe to eat:
Bluegill Sunfish

Ponca Lake

No Advisories

The following fish species were sampled and are safe to eat:
Black Crappie, Bluegill Sunfish, Channel Catfish, Flathead Catfish, Largemouth Bass, Redear Sunfish, Spotted Bass and White Crappie

Prague Lake

Largemouth Bass:

Sensitive Population:	No advisory under 16 inches Two meals per month 16 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Channel Catfish

Quanah Parker Lake

Largemouth Bass:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

Warmouth Sunfish:

Sensitive Population:	No advisory under 7 inches Two meals per month 7 inches and over
General Population:	No advisory

Yellow Bullhead Catfish:

Sensitive Population:	No advisory under 12 inches Two meals per month 12 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Black Crappie, Bluegill Sunfish, Channel Catfish and Redear Sunfish

Raymond Gary Lake

Flathead Catfish:

Sensitive Population:	No advisory under 33 inches Two meals per month 33 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Channel Catfish, Largemouth Bass, Redear Sunfish, Spotted Bass and White Crappie

Robert S. Kerr Reservoir

No Advisories

The following fish species were sampled and are safe to eat:
Black Crappie, Blue Catfish, Channel Catfish, Flathead Catfish, Hybrid Striped Bass, Largemouth Bass, Redear Sunfish, Spotted Bass, Striped Bass, White Bass and White Crappie

Rush Lake

Bluegill Sunfish:

Sensitive Population:	No advisory under 7 inches Two meals per month 7 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Black Crappie, Green Sunfish and Yellow Bullhead Catfish

Lake Sahoma

Flathead Catfish:

Sensitive Population:	No advisory under 20 inches Two meals per month 20 inches and over
General Population:	No advisory

Hybrid Striped Bass:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

Lake Sahoma (Continued)

Largemouth Bass:

Sensitive Population:	Two meals per month under 19 inches Consumption not recommended 19 inches and over
General Population:	No advisory under 19 inches Two meals per month 19 inches and over

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Channel Catfish, Redear Sunfish and White Crappie

Sardis Lake

Channel Catfish:

Sensitive Population:	Two meals per month under 17 inches Consumption not recommended 17 inches and over
General Population:	No advisory under 17 inches Two meals per month 17 to 22 inches Consumption not recommended 22 inches and over

Flathead Catfish:

Sensitive Population:	No advisory under 19 inches Two meals per month 19 to 30 inches Consumption not recommended 30 inches and over
General Population:	No advisory under 30 inches Two meals per month 30 inches and over

Largemouth Bass:

Sensitive Population:	No advisory under 16 inches Two meals per month 16 inches and over
General Population:	No advisory

Spotted Bass:

Sensitive Population:	No advisory under 14 inches Two meals per month 14 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Black Crappie, Blue Catfish, Bluegill Sunfish, White Bass and White Crappie

Schooler Lake

Largemouth Bass:

Sensitive Population:	No advisory under 22 inches Two meals per month 22 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:

Black Crappie, Channel Catfish and Redear Sunfish

Shawnee Twins Lake

Flathead Catfish:

Sensitive Population:	No advisory under 22 inches Two meals per month 22 to 37 inches Consumption not recommended 37 inches and over
General Population:	No advisory under 37 inches Two meals per month 37 inches and over

Largemouth Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
General Population:	No advisory

Saugeye:

Sensitive Population:	No advisory under 22 inches Two meals per month 22 inches and over
General Population:	No advisory

Spotted Bass:

Sensitive Population:	No advisory under 16 inches Two meals per month 16 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:

Channel Catfish, White Bass and White Crappie

Shell Lake

Channel Catfish:

Sensitive Population:	No advisory under 24 inches Two meals per month 24 inches and over
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Shell Lake (Continued)

General Population:	No advisory
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Flathead Catfish:

Sensitive Population:	No advisory under 31 inches Two meals per month 31 inches and over
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General Population:	No advisory
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Largemouth Bass:

Sensitive Population:	No advisory under 16 inches Two meals per month 16 inches and over
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General Population:	No advisory
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The following fish species were sampled and are safe to eat:

Bluegill Sunfish, Spotted Bass and White Crappie

Lake Skiatook

Blue Catfish:

Sensitive Population:	No advisory under 20 inches Two meals per month 20 to 29 inches Consumption not recommended 29 inches and over
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General Population:	No advisory under 29 inches Two meals per month 29 inches and over
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Flathead Catfish:

Sensitive Population:	No advisory under 16 inches Two meals per month 16 to 23 inches Consumption not recommended 23 inches and over
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General Population:	No advisory under 23 inches Two meals per month 23 inches and over
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Hybrid Striped Bass:

Sensitive Population:	No advisory under 18 inches Two meals per month 18 inches and over
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General Population:	No advisory
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Smallmouth Bass:

Sensitive Population:	Two meals per month all sizes
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General Population:	No advisory
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Lake Skiatook (Continued)

Spotted Bass:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

White Bass:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, White Crappie and White Perch

Sooner Lake

Flathead Catfish:

Sensitive Population:	No advisory under 25 inches Two meals per month 25 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Blue Catfish, Channel Catfish, Hybrid Striped Bass, Largemouth Bass and Redear Sunfish

Spavinaw Lake

No Advisories

The following fish species were sampled and are safe to eat:
Black Crappie, Channel Catfish, Flathead Catfish, Largemouth Bass, Spotted Bass,
White Bass and White Crappie

Sportsman Lake

Black Crappie:

Sensitive Population:	No advisory under 9 inches Two meals per month 9 inches and over
General Population:	No advisory

Blue Catfish:

Sensitive Population:	No advisory under 27 inches Two meals per month 27 inches and over
General Population:	No advisory

Sportsman Lake (Continued)

Largemouth Bass:

Sensitive Population:	No advisory under 14 inches Two meals per month 14 inches and over
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General Population:	No advisory
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Spotted Bass:

Sensitive Population:	Two meals per month all sizes
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General Population:	No advisory
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The following fish species were sampled and are safe to eat:

Channel Catfish, Flathead Catfish and Redear Sunfish

Lake Stanley Draper

Blue Catfish:

Sensitive Population:	No advisory under 21 inches Two meals per month 21 to 31 inches Consumption not recommended 31 inches and over
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General Population:	No advisory under 31 inches Two meals per month 31 inches and over
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Flathead Catfish:

Sensitive Population:	Two meals per month under 23 inches Consumption not recommended 23 inches and over
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General Population:	No advisory under 23 inches Two meals per month 23 to 29 inches Consumption not recommended 29 inches and over
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Largemouth Bass:

Sensitive Population:	Two meals per month under 19 inches Consumption not recommended 19 inches and over
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General Population:	No advisory under 19 inches Two meals per month 19 inches and over
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Spotted Bass:

Sensitive Population:	No advisory under 12 inches Two meals per month 12 inches and over
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General Population:	No advisory
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Lake Stanley Draper (Continued)

White Bass:

Sensitive Population:	No advisory under 12 inches Two meals per month 12 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Channel Catfish, Redear Sunfish, Walleye and White Crappie

Stilwell Lake

Largemouth Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Black Crappie and Channel Catfish

Stroud Lake

Flathead Catfish:

Sensitive Population:	No advisory under 20 inches Two meals per month 20 inches and over
General Population:	No advisory

White Bass:

Sensitive Population:	Two meals per month under 13 inches Consumption not recommended 13 inches and over
General Population:	No advisory under 13 inches Two meals per month 13 inches and over

White Crappie:

Sensitive Population:	No advisory under 13 inches Two meals per month 13 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:
Bluegill Sunfish, Channel Catfish and Largemouth Bass

Lake Talawanda # 1

Largemouth Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:

Black Crappie, Bluegill Sunfish and Redear Sunfish

Lake Talawanda # 2

Flathead Catfish:

Sensitive Population:	No advisory under 21 inches Two meals per month 21 to 32 inches Consumption not recommended 32 inches and over
General Population:	No advisory under 32 inches Two meals per month 32 inches and over

Largemouth Bass:

Sensitive Population:	No advisory under 20 inches Two meals per month 20 inches and over
General Population:	No advisory

Spotted Bass:

Sensitive Population:	No advisory under 16 inches Two meals per month 16 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:

Black Crappie, Bluegill Sunfish, Channel Catfish and Redear Sunfish

Lake Tenkiller

Flathead Catfish:

Sensitive Population:	No advisory under 27 inches Two meals per month 27 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	No advisory under 18 inches Two meals per month 18 inches and over
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Lake Tenkiller (Continued)

General Population:	No advisory
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Smallmouth Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
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General Population:	No advisory
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Spotted Bass:

Sensitive Population:	No advisory under 14 inches Two meals per month 14 inches and over
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General Population:	No advisory
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White Bass:

Sensitive Population:	No advisory under 15 inches Two meals per month 15 inches and over
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General Population:	No advisory
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The following fish species were sampled and are safe to eat:
Black Crappie, Blue Catfish, Bluegill Sunfish, Channel Catfish and White Crappie

Texoma Lake

Striped Bass:

Sensitive Population:	No advisory under 30 inches Two meals per month 30 inches and over
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General Population:	No advisory
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The following fish species were sampled and are safe to eat:
Blue Catfish, Channel Catfish, Flathead Catfish, Largemouth Bass, Smallmouth Bass, Spotted Bass and White Bass

Lake Thunderbird

Flathead Catfish:

Sensitive Population:	No advisory under 35 inches Two meals per month 35 inches and over
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General Population:	No advisory
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Largemouth Bass:

Sensitive Population:	No advisory under 19 inches Two meals per month 19 inches and over
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Lake Thunderbird (Continued)

General Population:	No advisory
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Saugeye:

Sensitive Population:	No advisory under 22 inches Two meals per month 22 inches and over
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General Population:	No advisory
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The following fish species were sampled and are safe to eat:

Blue Catfish, Channel Catfish, Spotted Bass, White Bass and White Crappie

Tom Steed Reservoir

Flathead Catfish:

Sensitive Population:	No advisory under 30 inches Two meals per month 30 inches and over
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General Population:	No advisory
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Largemouth Bass:

Sensitive Population:	No advisory under 15 inches Two meals per month 15 inches and over
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General Population:	No advisory
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White Bass:

Sensitive Population:	No advisory under 14 inches Two meals per month 14 inches and over
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General Population:	No advisory
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The following fish species were sampled and are safe to eat:

Blue Catfish, Bluegill Sunfish, Channel Catfish, Saugeye, Spotted Bass and White Crappie

Waurika Lake

Channel Catfish:

Sensitive Population:	No advisory under 22 inches Two meals per month 22 inches and over
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General Population:	No advisory
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Spotted Bass:

Sensitive Population:	Two meals per month all sizes
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General Population:	No advisory
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Waurika Lake (Continued)

The following fish species were sampled and are safe to eat:

Blue Catfish, Flathead Catfish, Largemouth Bass, Saugeye, White Bass and White Crappie

Lake Wayne Wallace

Largemouth Bass:

Sensitive Population:	Two meals per month under 13 inches Consumption not recommended 13 inches and over
General Population:	No advisory under 13 inches Two meals per month 13 to 17 inches Consumption not recommended 17 inches and over

Spotted Bass:

Sensitive Population:	Two meals per month under 14 inches Consumption not recommended 14 inches and over
General Population:	No advisory under 14 inches Two meals per month 14 inches and over

The following fish species were sampled and are safe to eat:

Channel Catfish, Redear Sunfish and White Crappie

WD Mayo Lake

No Advisories

The following fish species were sampled and are safe to eat:

Blue Catfish, Channel Catfish, Largemouth Bass and White Bass

Wes Watkins Lake

No Advisories

The following fish species were sampled and are safe to eat:

Channel Catfish, Flathead Catfish and Largemouth Bass

Lake Wetumka

Largemouth Bass:

Sensitive Population:	Two meals per month under 19 inches Consumption not recommended 19 inches and over
General Population:	No advisory under 19 inches Two meals per month 19 inches and over

Spotted Bass:

Sensitive Population:	Two meals per month all sizes
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Lake Wetumka (Continued)

General Population:	No advisory
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The following fish species were sampled and are safe to eat:
Channel Catfish and White Crappie

Wewoka Lake

Blue Catfish:

Sensitive Population:	Two meals per month all sizes
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Sensitive Population:	No advisory
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Flathead Catfish:

Sensitive Population:	No advisory under 19 inches Two meals per month 19 to 28 inches Consumption not recommended 28 inches and over
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General Population:	No advisory under 28 inches Two meals per month 28 inches and over
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Largemouth Bass:

Sensitive Population:	No advisory under 17 inches Two meals per month 17 inches and over
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General Population:	No advisory
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Saugeye:

Sensitive Population:	Two meals per month all sizes
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General Population:	No advisory
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Spotted Bass:

Sensitive Population:	Two meals per month all sizes
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General Population:	No advisory
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The following fish species were sampled and are safe to eat:
Channel Catfish

Wister Lake

Black Crappie:

Sensitive Population:	No advisory under 13 inches Two meals per month 13 inches and over
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Sensitive Population:	No advisory
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Wister Lake (Continued)

Blue Catfish:

Sensitive Population:	No advisory under 27 inches Two meals per month 27 inches and over
General Population:	No advisory

Flathead Catfish:

Sensitive Population:	No advisory under 22 inches Two meals per month 22 inches and over
General Population:	No advisory

Largemouth Bass:

Sensitive Population:	Two meals per month all sizes
General Population:	No advisory

Spotted Bass:

Sensitive Population:	No advisory under 10 inches Two meals per month 10 inches and over
General Population:	No advisory

White Crappie:

Sensitive Population:	No advisory under 13 inches Two meals per month 13 inches and over
General Population:	No advisory

The following fish species were sampled and are safe to eat:

Bluegill Sunfish and Channel Catfish

Zoo Lake

No Advisories

The following fish species were sampled and are safe to eat:

Black Bullhead Catfish, Bluegill Sunfish, Channel Catfish, Largemouth Bass and Redear Sunfish



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