



HOW BIG IS YOUR FOOTPRINT ON THE EARTH?

Do you use more than your share of the Earth's resources?

Please highlight the best answer listed on the line following each question.
Do not leave any blanks or the score will be invalid.

WATER CONSUMPTION

POINT VALUE →	1	2	3	4	5
Do you usually take a shower instead of a bath?	Always	Usually	Sometimes	Occasionally	Never
Do you turn off the water while brushing your teeth?	Always	Usually	Sometimes	Occasionally	Never
Do you save rainwater for gardening or other purposes?	Always	Usually	Sometimes	Occasionally	Never

HOUSEHOLD WASTE

Do you recycle your newspaper and magazines?	Always	Usually	Sometimes	Occasionally	Never
Do you recycle your aluminum and/or steel cans?	Always	Usually	Sometimes	Occasionally	Never
Do you compost your kitchen and/or yard waste?	Always	Usually	Sometimes	Occasionally	Never

TRANSPORTATION

Do you walk to school and/or activities?	Always	Usually	Sometimes	Occasionally	Never
Do you ride your bicycle to school and/or activities?	Always	Usually	Sometimes	Occasionally	Never
Do you ride to school or activities on a bus and/or in a carpool?	Always	Usually	Sometimes	Occasionally	Never

ENERGY

Do you use compact fluorescent light bulbs at home? (See display for sample.)	Always	Usually	Sometimes	Occasionally	Never
Do you use ceiling fans to help cool your home?	Always	Usually	Sometimes	Occasionally	Never
Do you and/or your family turn off lights, computers and TVs when not using them?	Always	Usually	Sometimes	Occasionally	Never

FOOD

Do you take food for lunch in reusable containers instead of throw-aways?	Always	Usually	Sometimes	Occasionally	Never
Do you grow fresh vegetables in a garden?	Always	Usually	Sometimes	Occasionally	Never
Do you eat fresh meat, vegetables and fruit instead of "microwave ready" meals?	Always	Usually	Sometimes	Occasionally	Never

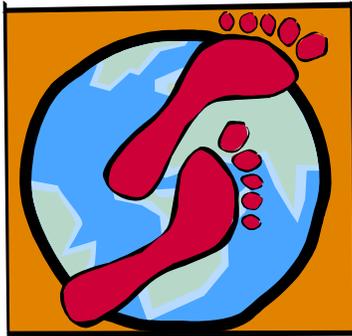
SHOPPING

Do you purchase items made of recycled material or with recycled packaging?	Always	Usually	Sometimes	Occasionally	Never
Do you buy only what you really need?	Always	Usually	Sometimes	Occasionally	Never
Do you give unwanted clothes and toys away to someone who needs them?	Always	Usually	Sometimes	Occasionally	Never

TOTAL SCORES

<p>Number of points for each answer is shown at the top of each column. Multiply the points by the number of answers in each column to calculate your final score. →</p>					
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Now add together the totals for each column →	GRAND TOTAL	Check total in footprint chart on the back of this sheet to see what your footprint score means.			
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Find your score in the chart below to see what your footprint score means.

FOOTPRINTS ON THE EARTH SCORECARD	
If your score was . . .	Then the results are . . .
18 - 31	You are an EARTHSAVER. Keep up the good work!!!
32 - 55	You are an EARTHSAVER in waiting - You're doing great. Just try a little harder to conserve more resources!!!
56 - 69	You are average, or like most of the people in the United States. You're trying, but need to change a few more habits.
70 - 80	You are wasting too many resources. You need to change a bunch of conservation habits as fast as possible. Please!!
81-90	The Earth (and the people who live on it) would be in serious trouble if everyone had your habits! It would take five planets for all of us to live that way.